



TOP 8 MONEY BLOCKS AND HOW TO TURN THEM AROUND

If you're struggling to create the level of wealth you desire, the issue might be between your ears. It's easy to blame your job or your ex or your upbringing for your financial woes, but there's a lot of money in the world. **In fact, you can accumulate far more money than you could ever spend, but it's important to align your mindset with your new financial goals.**

Work on improving yourself and your circumstances will improve too.

See how your attitudes about money greatly affect the results you experience:

1

“MONEY IS THE ROOT OF ALL EVIL.”

It's not going to be easy to amass a lot of money and enjoy financial abundance if you believe that money is evil. Most of us have a strong emotional reaction to the idea of evil.

SOLUTION:

Remember that money is just a way of easily transferring value between people. There's nothing inherently evil about a piece of paper, a metal coin, or a number associated with a bank balance. Use the money for good and watch goodness spread.

2

“ONLY GREEDY PEOPLE WANT A LOT OF MONEY.”

It's true that there are greedy people that want a lot of money. There are also plenty of non-greedy people that would enjoy having more money too.

SOLUTION:

Realize that money can give you the means to create the life you want. It gives you options. It brings you freedom. You can be generous regardless of how much you have, but imagine how much more you could give when you're wealthy?

3

“PEOPLE WON’T LIKE ME IF I HAVE A LOT OF MONEY.”

Are you worried that you’ll be lonely or scorned for having money? If so, you’ll struggle to create wealth.

SOLUTION:

There are people that wouldn’t like you if you dyed your hair red. But new friends would appear that appreciate your freedom of expression. Everything you do may create new friends and lose others. Be compassionate that they are experiencing their own money blocks. Live your life in the best way possible and you’ll have good people around you.

4

“I’M NOT GOOD WITH MONEY.”

Believing that you can’t manage money will stop you from accumulating it.

SOLUTION:

Learn how to manage your finances. Implement what you learn a little bit at a time in a way that works for you. Find an accountability partner or coach to keep you on track. Create small wins that show you are in fact good with money.

5

“I GREW UP POOR.”

If you grew up poor or spent a significant portion of your adult years with little money, it's possible that you've become comfortable with this economic situation. You might not be happy about it, but at least you know how to manage it.

SOLUTION:

Take a chance on a life with more options and less financial pressure. Dream about the possibilities of being financially independent. Create new friendships, change your environment, and monitor your self talk. Be happy for others that are doing well, and be grateful for what you have. Value the lessons that your upbringing gave you.

6

“I’LL HAVE TIME WHEN I’M OLDER TO WORRY ABOUT FINANCES.”

This is a huge money block. Time matters a lot when investing. Waiting too long to get serious about saving and investing can ruin your financial future.

SOLUTION:

Find an online savings calculator and see how powerful time and compound interest can be. As you age, you'll realize that there is no ideal time. Take action now and your older self will be glad you did.

7

“I’LL JUST GIVE IT ALL AWAY.”

This is a common symptom of those with money blocks that manage to accumulate some 'extra' money. It just doesn't feel right, so you give it all away.

SOLUTION:

It's great to be able to help others, but you need to take care of yourself, too. Set up automatic transfers to your savings account and toward other financial goals. You earned this money, and by earning more, you can help even more people.

8

“I DON’T DESERVE TO BE WEALTHY.”

If you don't think you deserve it, you'll struggle to achieve it. You might believe you're not smart enough, too lazy, or have the wrong background. Whatever the reason, this is a major money block.

SOLUTION:

You deserve anything that you're willing to work for. Write down financial goals that would allow you to live life on your own terms. Maybe you'd give more to charity, or show your parents you appreciate them by taking them on a trip. Create evidence daily.

Can you see how your beliefs about money are negatively affecting your finances?

Most people address their financial issues with a focus on external items, but it can be more effective to address your limiting beliefs. Take a look at your money blocks and resolve to solve them - today. You'll be glad you did!